

How to Prepare Your Business for Covid-19

COVID-19

General Practices

Maintaining a Safe Facility

Q&A

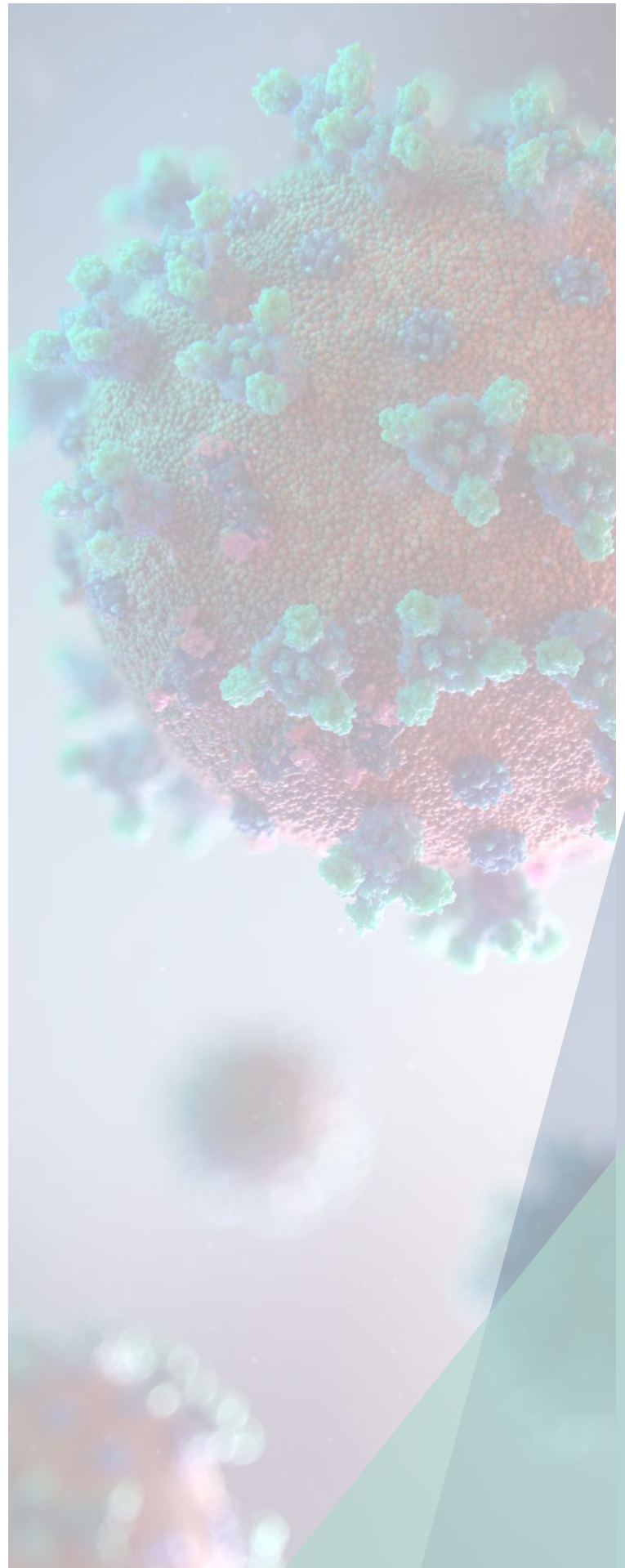
Additional Documentation



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What is Coronavirus?

Coronavirus Disease 2019 (COVID-19) is a respiratory disease caused by the Severe Acute Respiratory Syndrome (SARS)-CoV-2 virus.

The current mutation is a new strain of the SARS virus and no individual has any immunity prior to an exposure. The CDC has reported that testing has begun on a vaccine but for now, everyone should prepare and plan for possible impacts resulting from COVID-19. It has spread from China to many other countries around the world, including the United States.

With the recent emphasis on Novel-Coronavirus, COVID-19, exposures and ongoing employer obligations, Tri State Restorations wants to remind you of the importance of social distancing and provide you with tools and resources to help protect you, your family and your workers from this and other environmental exposures.

While there are many reported cases of COVID-19, nationally and internationally, it is important to review all facts concerning this virus and implement universal precautions to prevent this virus from spreading and affecting jobsites across the nation.

What should you do in response?

Everyone should follow these general practices to help prevent exposure to coronavirus:

- Frequently wash your hands with soap and water for at least 20 seconds.
- If soap and running water are not available, use an alcohol-based hand rub that contains at least 60% alcohol.
- Avoid touching your eyes, nose, or mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Wear cloth face coverings when out in public spaces.

Symptoms:

Patients with Covid-19 have experienced mild to severe respiratory illness.



Fever



Shortness of Breath



Cough

* Symptoms may appear 2-14 days after exposure.



Facility owners and employers of workers with potential occupational exposures to coronavirus should follow these practices:

- Assess the hazards to which workers may be exposed.
- Evaluate the risk of exposure.
- Select, implement, and ensure workers use controls to prevent exposure, including physical barriers to control the spread of the virus; social distancing; and appropriate personal protective equipment (PPE), hygiene and cleaning supplies.
- Maintaining indoor environmental conditions is of primary importance. Clean and disinfect interior occupied spaces, furnishings, and mechanical systems.
- Test all systems before re-occupancy. Disruptions in water and HVAC services to your facility can cause many unwanted challenges.

Protecting my business and employees:

Employers and employees should also review company policies on sick leave, family medical care leave and other federal regulations protecting employer and employee rights.

Questions & Answers

1. What are Universal Precautions related to communicable exposures in the workplace?

Using precautionary techniques and/or personal protective equipment to prevent exposures and the unnecessary exposures in the workplace.

2. What should an employee do if they experience fever or show signs of respiratory issues before going to work?

It is recommended that if an employee shows signs of fever or other respiratory illness that can be communicable, they should stay home to prevent infecting other workers and follow the advice of a licensed health care provider for their recovery. Only return to work after symptoms have subsided for at least 24-36 hours.

3. What should an employee do if they experience fever or show signs of respiratory issues before going to work?

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4. What is the proper handwashing protocol?

Follow these next 5 simple steps, every time.



Handwashing Protocol

Follow these 5 steps every time:

1



Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.

2



Lather your hands by rubbing them together with soap. Lather the backs of your hands, between your fingers, and under your nails.

3



Scrub your hands for at least 20 seconds. Need a timer?

Sing "Happy Birthday" from beginning to end twice.



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Handwashing Protocol cont.

4



Rinse your hands well under clean, running water.

5



Dry your hands using a clean or disposable towel, or air dry them. Avoid hand driers.

Feeling Sick? Stay Home.

Stay home, (except to seek medical care from a licensed health care provider), avoid public areas, public gatherings and public transportation. Remember, if you are showing signs of sickness self-isolate and stay away from family members and pets that could transmit the virus to others. Don't forget to clean and disinfect surfaces regularly including items you touch repeatedly and if possible, use disposable cups, glasses and utensils to minimize additional exposure.

When do you seek medical assistance?

If you develop any of the following emergency warning signs for COVID-19 get medical attention immediately: trouble breathing, persistent pain or pressure in the chest, new confusion or inability to arouse, bluish lips or face.



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Additional Documentation

Visit the following resources for additional information:

- [OSHA Covid-19](#)
- [CDC Coronavirus FAQ](#)
- [CDC Coronavirus Comm Resources](#)
- [World Health Organization Covid-19 FAQ](#)
- [CDC Risk Assessment](#)
- [CDC Travel Guidelines](#)
- [CDC Community Guidance](#)
- [AIHA Report: Recovering from Covid-19 Building Closures](#)

Top 5 Questions to Ask a Professional Cleaner



Do you have experience with Biohazard Cleaning?

Yes! We are a family-owned corporation with over 35 years combined experience in any size disaster cleanup and restoration including biohazard disinfection services like COVID-19. Visit [TriStateRestores.com/FAQ](https://www.tristaterestores.com/FAQ) for more.



Are your employees certified and insured?

Tri State Restorations is one of only two US companies that currently hold the required pollution liability specialty insurance needed to handle coronavirus. Our specialty technicians are IICRC certified in viral, microbial and blood-borne pathogen removal and cleanup and trained to respond to biological hazards like COVID-19.



What type of PPE will employees wear?

Our workers arrive in appropriate PPE including, but not limited to, booties, N-95 or full-face respirators and gloves, use specialty equipment to deep clean and disinfect all interior surfaces of your facility or home.



What types of chemicals/cleaning solutions will you use?

Our cleaning solutions are EPA-registered hospital-grade disinfectants that are derived from plants and are safe to use even on food contact surfaces.



What techniques will be used to disinfect surfaces?

Tri State Restorations uses several different techniques to ensure all surfaces are thoroughly cleaned and disinfected. Our technicians use different devices including electrostatic cleaning, fogging and surface wiping.



How do I know it's really clean?

Our technicians use Hygiena ATP surface testers to measure the amount of bacteria and contaminants present, ensuring all surfaces have been effectively cleaned. These testers are state-of-the-art and take seconds to calibrate results. Check them out at [youtube.com/hygienaTV](https://www.youtube.com/hygienaTV).



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